

WELLNESS POLICY EVALUATION CHECKLIST

Local Education Agency (LEA): Edgewater Board of Education
AGREEMENT #00301270 School year: 2015-2016

This checklist will help LEAs evaluate the success of the wellness/nutrition policy required by USDA. Evaluation should be completed at least once per school year. It is not all-inclusive.

1. Meal Service

YES NO

- Students have been given an adequate amount of time to eat.
- Meal periods are scheduled at appropriate times. Lunch periods must be between 10:00 AM and 2:00 PM.
- All reimbursable meals offered meet federal standards.
- Students receive a consistent nutrition message in the classroom and cafeteria.
- All food preparation areas have had health inspections and received satisfactory approvals.

2. A La Carte Sales

YES NO

- Foods of minimal nutritional value, as defined by USDA, are not sold, served or given away anywhere on school property before the end of the school day.
- Foods and beverages having sugar, in any form, as the first ingredient, are not sold, served or given away anywhere on school property prior to the end of the school day.
- Candy is not sold, served or given away anywhere on school property before the end of the school day.
- All snacks and beverages sold, served or given away anywhere on school property during the school day meet the standards set forth in the adopted nutrition policy.

3. School Store

YES NO

- Any food or beverage item sold in the school store during the school day meet the standards set forth in the adopted nutrition policy. (Not applicable- no school store on site)
- A copy of the adopted nutrition policy is in the school store.

4. Fundraising

- | YES | NO | |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - Fundraising encourages healthy eating habits by promoting the sale of healthy food/beverage items or non-food products. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - All fundraising involving the sale of food/beverage items takes place outside of the regular school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - Parent groups and other organizations have been advised of the adopted nutrition policy and refrain from using restricted items as fundraisers. |

5. Curriculum

- | YES | NO | |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - State and district health education curriculum standards and guidelines include nutrition and physical education. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - Recess is scheduled before lunch whenever possible. |

6. Beverages

- | YES | NO | |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - All beverages offered for sale do not exceed 12 ounces, except water. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - In elementary schools only water, milk (2% fat or less) and 100% fruit or vegetable juice is offered for sale. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - In middle and high schools, at least 60% of all beverages, other than water and milk (2% or less fat) must be 100% fruit or vegetable juice. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - In middle schools and high schools the 40% "other" beverages that are offered meet the standards set forth in the adopted nutrition policy. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - The adopted nutrition policy is implemented correctly for each area beverages are offered, including vending machines and the school store. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - Whole milk, if offered, does not exceed an 8 ounce portion. |

7. Celebrations

- | YES | NO | |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - Classroom celebrations do not include any foods defined by USDA as foods of minimal nutritional value. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - Occasional classroom celebrations and curriculum related activities are exempt from this policy, however, strong effort is made to include healthy choices when planning these activities. |

8. Personnel

- | YES | NO | |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - There is an active committee comprised of teachers, parents, coaches and school administration working to promote awareness of the adopted nutrition policy requirements. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - The LEA is committed to providing support for staff so they have the skills and knowledge to implement the adopted nutrition policy. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - The LEA will work to integrate nutrition education throughout the school day and after school programs to provide a consistent message to parents and students. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - Households are provided information that supports the adopted nutrition policy and promotes awareness of healthy choices. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - Food is not used as a reward for academic performance or behavior, unless noted as part of a student Individual Education Plan (IEP). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | - The adopted nutrition policy has been reviewed with all staff members and all staff are following the guidelines. |

Answering **NO** to any of the questions indicates areas where improvement is needed.

Date Evaluation completed: March 31, 2016

Completed by: Roxana Arver

Name of Person responsible for evaluation as listed on SNEARSy

Signature

Reviewed with: Brenda Kenter
Wellness Coordinator

on

Date

Copy of adopted nutrition policy is attached

4-8-16